

Welcome Center @ Fort Vasquez 13412 US HWY 85, Platteville, CO 80651

Newsletter for January 2025

Saturday January 11th from 1 to 2 PM begins the series "PLANNING FOR YOUR DEATH" at the **Platteville Pioneer Museum** 502 Reynolds Ave.

(A free class on death and dying)

Jan 11th Demystifying Death. Jan 25th The legal ins and outs, Wills, DNRs. Jan 18th The ins and outs of Hospice Care. February 1st Planning your Funeral.

Monday January 13th Health & Nutrition Discussions at Platteville Community Center, 508

Reynolds Ave. Starting January 2025: every second Monday of the month from 10:30 to 11:20 a.m. Join us from 10:30 to 11:20 AM, for **"Fresh Conversations"**

A health and nutrition education program for older adults! We will have recipe tastings and engaging conversation once a month. Sign up with Jessi Like, Registered Dietitian at 970-400-6118 or <u>jlike@weld.gov</u>. Stay after the



discussion to enjoy a donation-based lunch with the Friendly Fork program! Lunch is served at 11:30 a.m. Reservations must be made to attend the lunch. If you would like to make a meal reservation, please call the Platteville Recreation Department at 720-815-8136 no later than 10 a.m. the Friday prior to the meal.

Saturday, January 25th After-Hours program at the Welcome Center @ Fort Vasquez. Doors open at 6 PM. Dessert served at 6:15 PM. Program begins at 6:30 PM. The program will be "<u>Colorado Covered Railroads North"</u>. A donation of \$5.00 per person is requested. Seating is limited, Reservations recommended, call (970) 785-2832 and leave message or email welcomecenter@plattevillegov.org.

